Sample Hybrid Education Schedule: Block Studies

Schedule

7:15-8:00  (certain days) Show Choir at public school
8:00 – 10:00  Academic studies
   • Monday: Math (computation, history, making)
   • Tuesday: English (writing, reading, filmmaking, blog, audio books)
   • Wednesday: Science/History (switch topics at quarter marks)
   • Thursday: Repeat of one subject, alternating or greatest need
   • Friday: Cooking/Creativity/Finishing up week’s tasks/Special topics

Note: Normally Thursday and Friday comprise a second day of English and a second day of history or science.

10:30 – 11:20  Choir at public school
11:30 – 12:50  Exercise (at-home dance practice while I cook lunch); CNN Student News over lunch
1:00 – 3:00  Continuation of morning studies and coding
3:30 – 6:00  (certain days) Science Olympiad practice at public school
            (certain days) DIY (Do It Yourself) Club
7:00 – 8:00  (certain days) Dance class

Our schedule changes every semester, and often every week as our interests and needs dictate. As long as we are progressing in each of our chosen subjects, we feel free to change things up. For example, just because it’s a Tuesday doesn’t mean we have to work on English. If we feel compelled to pursue our history studies or math, we do that instead with the awareness that we will prioritize English later in the week. This flexibility is an essential component to a child-centered education; following a student’s natural flow will make learning more meaningful and long-lasting.

This particular schedule represents a block study approach, as we pursue one subject in depth each day. We’ve also used a more traditional school schedule in the past, switching subjects at the top of the hour. The disadvantage of the traditional approach is the lack of possibility for in-depth exploration and the fact that sometimes you change subjects before you feel ready. The advantage of the block study approach is the depth. And if you become weary of that particular subject after a couple of hours, you can change it up and revisit the topic later in the week. The power is in your and your child’s hands.